


Curriculum Information

ACHIEVE / Personal Development



What I learn about in the curriculum...

Year		Topics	How does this build on from previous learning? 	The key concepts we cover
7	ACHIEVE rotation	<p>How can I take care of my physical health and mental wellbeing? Exploring mental health, bullying and how to stay safe online. Understanding puberty, periods, health prevention and organ donation.</p> <p>What do I need to know about living in the wider world? Exploring British Values – individual liberty, democracy, rule of law, mutual respect and the tolerance of faiths and beliefs.</p> <p>What do I need to know about relationships and sex? Understanding positive friendships, grooming and CSE. Looking into stereotyping, equality and diversity.</p> <p>What is my career path and where will it take me? Identifying what is needed to grow in careers and the exploring careers.</p>	The content in year 7 builds on prior learning at KS2. Key concepts are introduced and misconceptions are addressed so that knowledge is accurate and age appropriate.	Physical health, mental wellbeing, relationships, personal safety, British values, citizenship, careers, enterprise skills
	Financial Capability rotation	<ul style="list-style-type: none"> • Budgeting • Role of banks • Saving money • Paying for items 	This rotation will be a consolidation of personal finance covered in KS2 and will ensure that key skills are developed.	Income, expenditure, budgeting, saving

8	ACHIEVE rotation	<p>How can I take care of my physical health and mental wellbeing? Exploring mental health, feelings and comparing ourselves to others online. Understanding types of drugs/alcohol/smoking, the law and effects.</p> <p>What do I need to know about living in the wider world? Examining racism, prejudice and discrimination. Linking this to hate crimes and radicalisation, knife crime and gangs.</p> <p>What do I need to know about relationships and sex? The law relating to online material and staying safe online. Exploring domestic conflict and FGM.</p> <p>What is my career path and where will it take me? What skills and qualities are needed to grow and career options.</p>	The key concepts are revisited from year 7 and built upon in order to consolidate and deepen understanding. The focus being on the legalities and consequences of actions.	Physical health, mental wellbeing, relationships, personal safety, British values, citizenship, careers, enterprise skills
	Financial Capability rotation	<ul style="list-style-type: none"> • Borrowing money • Calculating interest • Fraud and security • Gambling and debt • The impact of advertising • Inappropriate sources of finance 	Year 8 revisits key concepts from the Year 7 rotation. New topics are introduced and impacts are explored.	Income, expenditure, debt, saving, being financially savvy
9	ACHIEVE rotation	<p>What do I need to know about living in the wider world? Considering the consequences of being in a gang, knife/gun crime and county lines. Examine extremism, radicalisation and terrorism. Understanding democracy, human rights and the Equality Act.</p> <p>What do I need to know about relationships and sex? Knowing what online content is harmful and how this relates to consent and sexual exploitation. Introducing contraception, STI's and the dangers of pornography.</p> <p>What is my career path and where will it take me? Reflecting on strengths and weaknesses and exploring career options and pathways.</p>	Year 9 revisits key concepts again and builds upon year 8 knowledge. This rotation focuses more on citizenship and relationships as students start to increase their independence.	Relationships, personal safety, British values, citizenship, careers, enterprise skills
	Financial Capability rotation	<ul style="list-style-type: none"> • Types of employment • Effective budgeting • Being an ethical consumer • Managing credit and debt • Impacts of gambling 	Year 9 builds on previous learning from Year 8. Different forms of income are explored as is ethics.	Income, expenditure, budgeting, debt, saving, being financially savvy
	Health & Wellbeing rotation	<p>How can I take care of my physical health and mental wellbeing? Investigating the most common types of mental illness and how to deal with situations. Practising a range of coping strategies. Understanding our bodies and the consequences of smoking compared to the benefits of exercise, eating healthy and sleep. How to administer first aid.</p>	This rotation builds on prior learning in year 7/8 ACHIEVE with a greater emphasis on mental and physical wellbeing. Understanding their body and the impacts of their actions both physically and mentally.	Physical health, mental wellbeing, personal safety

	Information
Extra Curricular Opportunities	<p>ACHIEVE, Health and Wellbeing, and Financial Capability are not exam based so there are no formal examinations. However, there are many extra-curricular opportunities for students to be involved in, such as:</p> <ul style="list-style-type: none">Health AmbassadorsCareers AmbassadorsEquality Ambassadors